## **Tutorial: Psychoactive plants and fungi: history and uses**

Nicolas Delon, Fall 2021

Meetings: Tuesday 1pm, ACE 303

Plants, body and mind

* Pollan, *This Is Your Mind On Plants*(**purchase your own copy**)
  + Introduction
  + Mescaline
* Paul Stamets (interview), Can mushrooms help save the world?
  + [opt] Six ways mushrooms can save the world [[TED talk](https://www.ted.com/talks/paul_stamets_6_ways_mushrooms_can_save_the_world)]
* Sheldrake, Mycelian minds

Therapeutics

* Carhart-Harris and Goodwin, The therapeutic potential of psychedelic drugs: past, present, and future
* Illing, *Vox:* The extraordinary therapeutic potential of psychedelic drugs, explained
  + [opt] see Lopez and Zarracina, *Vox:* The fascinating, strange medical potential of psychedelic drugs, explained in 50+ studies
  + [opt] Fortier and Millière, Psychedelics and consciousness: An interview with Robin Carhart-Harris
  + [opt] listen to his interview with Sean Carroll on the *Mindscape* podcast

Religion and mystical experience

* James, *The Varieties of Religious Experience*, selections
* Smith, Do drugs have religious import?
* Richards, Here and now: discovering the sacred with enthogens
* Levente et al., Voice of the Psychonauts: Coping, Life Purpose, and Spirituality in Psychedelic Drug Users

Epistemology

* Letheby, The philosophy of psychedelic transformation
* Letheby, Naturalizing psychedelic spirituality
* Fortier, How Can Naturalism Help Us Understand Ayahuasca Entities?

Performance

* Savulescu et al, Why we should allow performance enhancing drugs in sport [pdf]
* LaFrance and Cuttler, Inspired by Mary Jane? [pdf]
* Cappelletti et al, Caffeine: cognitive and physical performance enhancer or psychoactive drug?
* [opt] read Pollan’s chapter on caffeine

Love

* Brogaard, Love is like cocaine (*Salon*)
* Earp and Savulescu, Could these drugs save your relationship? (*Vox*)

Moral, social and political issues

* Earp, Psychedelic moral enhancement
* Forstmann et al, Transformative experience and social connectedness mediate the mood-enhancing effects of psychedelic use in naturalistic settings
* Earp et al, Racial justice requires ending the war on drugs
* [Opt] Husak, Recreational drugs and paternalism